



Ad Astra Infant School
 Sherborn Crescent
 Poole, Dorset
 BH17 8AP
 Tel: 01202 602113
 Email: aaisoffice@teachpoole.com

Haymoor Junior School
 Ashdown Close
 Poole, Dorset
 BH17 8WG
 Tel: 01202 659290
 Email: hjsoffice@teachpoole.com



CEO : Mrs Kate Carter BA (Hons) PGCE NPQH
 Ad Astra Infant School Headteacher: Mrs Clare Tantrum BSc (Hons) PGCE
 Haymoor Junior School Headteacher: Miss Lucy Waterhouse BA (Hons) PGCE NPQH

TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 28: Children have a right to a primary education.

7th November 2025

Dear Parent/Carer,

YEAR 3 SWIMMING LESSONS – 3H

Swimming lessons for class 3H will start on **Thursday 4th December** for a minimum of eight sessions.

Our policy is to ensure that as many children as possible are able to swim 25m unaided and are water confident. Those who can already do this will have their strokes and stamina developed and do water skills and personal survival activities. Lessons will be taken by a qualified swimming teacher and we will be using the school mini buses for transport to and from the Talbot School swimming pool.

You may wish to provide additional snacks on a Thursday, but these will still need to fit in with the school's healthy eating policy. Examples of more substantial snacks to accompany the usual fruit/vegetable snack include a cereal bar, small sandwich, block of cheese etc. Additional snacks should not include chocolate bars or crisps.

Children will need to bring a suitable swimming costume and towel for the lesson. If wearing swimming shorts, the material must not go below the knees. Swimming hats are also required and may be borrowed from the school if needed. Goggles are optional.

If you have any queries about this activity, please contact myself or the year leader.

Yours faithfully

Mr L Ballard
 PE & Sport Lead



Ad Astra Infant School

Haymoor Junior School



[ad_astra_infant_school](https://www.instagram.com/ad_astra_infant_school)

[haymoor_junior_school](https://www.instagram.com/haymoor_junior_school)

