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TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 28: Children have a right to a primary education.

Tuesday 14th April 2026

Junior Parkrun Upton House

Dear Parents/Carers,

This week we were delighted to welcome volunteers from **Upton House junior parkrun** into school. They spoke to the children in assembly about what junior parkrun is and the benefits of taking part.

Junior parkrun is a **weekly community event** where you can walk, jog, run, volunteer, or simply spectate. The event is a **2km course designed for children aged 4–14**, alongside their families and friends of all ages. It takes place every Sunday at **9:00am**, with a fun group warm-up starting at **8:45am**.

Junior parkrun is positive, welcoming and inclusive – there is no time limit, and no one finishes last. Everyone is encouraged to take part and enjoy themselves.

We are excited to encourage all pupils and families to come along together to **Upton House junior parkrun this Sunday 19th April**. It would be fantastic to see so many of our school community taking part—whether that’s walking, jogging, running or volunteering. Expect to see Mr Ballard, Mrs Williamson and more!

What does it cost to join in?

Nothing - it's free! but please **register** before you first come along. Only ever register with parkrun once and don't forget to bring a **scannable** copy of your barcode. We are happy to print the barcode at school if you send us a copy.

Event details:

Location: Upton House Country Park **Race start:** Every Sunday at 9:00am
Warm-up and briefing: from 8:45am **Meeting point:** Near the main event area
 (see website <https://www.parkrun.org.uk/uptonhouse-juniors/> for full details)

If you are unable to attend this week, don't worry—*junior parkrun* takes place every Sunday, so you can join whenever it suits you.

Once you've registered, you can join the school parkrun group! As a school community, **Haymoor Junior School** are aiming to complete 50 junior parkruns by the end of the school year!



Haymoor Junior School



haymoor_junior_school



Once you have registered, joining the group is easy:

1. Log back into your profile
2. Search for your group (Haymoor Junior School)
3. When the group appears, select it and click join

Important information for parents/carers:

Whilst parkrun fully accepts its duty of care and will do everything it can to minimise risk of injury and harm to all participants, **parents/carers are ultimately responsible for the welfare of their children.** It is not mandatory for a parent/carer to participate, but children under the age of 11 must be accompanied to and from the event by a responsible adult, who must remain present for the duration of the event. **School staff are not responsible for your child.** Please also note that while junior parkrun is free to participate in, there is a charge for car parking at the Upton Country Park carpark.

We hope to see as many of you as possible on Sunday!

Yours faithfully,



Mr Ballard

PE and Sport Lead



Haymoor Junior School



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