



Ad Astra Infant School
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CEO : Mrs Kate Carter BA (Hons) PGCE NPQH
 Ad Astra Infant School Headteacher: Mrs Emma Walters BA (Hons) PGCE
 Haymoor Junior School Headteacher: Miss Lucy Waterhouse BA (Hons) PGCE NPQH

TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 28: Children have a right to a primary education.

3rd September 2026

Dear Parents and Carers,

At our school, the safety, wellbeing and inclusion of all children remain our highest priorities. We are writing to remind families of our approach to managing allergies and to share how you can help us maintain a safe environment for everyone.

We currently have several children with diagnosed food allergies, including some with severe allergies that can lead to anaphylaxis. Anaphylaxis is a serious and potentially life-threatening allergic reaction that requires immediate medical treatment.

While it is not possible to guarantee a completely allergen-free environment, we are committed to reducing risks wherever possible through careful planning, staff training and a strong culture of awareness throughout the school community.

Our Nut-Aware Approach

We operate as a nut-aware school and kindly ask that parents and carers do not send any food containing nuts or nut-based ingredients into school. This includes items such as peanut butter, chocolate spreads containing nuts, cereal bars with nuts and other products that list nuts as an ingredient.

We would appreciate your support in checking ingredient labels carefully when preparing packed lunches and snacks.

Although we take every reasonable precaution to minimise the presence of nuts on site, we cannot guarantee that the school is entirely nut-free. In recognition of this, all staff receive regular training in allergy awareness and are trained to recognise and respond appropriately to allergic reactions, including the administration of adrenaline auto-injectors.

How We Support Pupils with Allergies:

To help keep pupils safe, we have a range of measures in place, including:

- Individual Healthcare Plans for children with diagnosed allergies.



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- Regular staff training in allergy awareness and emergency procedures.
- Clear protocols for responding to allergic reactions.
- A no food-sharing expectation for all children.
- Careful consideration of allergens when planning school activities, events and educational visits.

Creating a safe environment is a shared responsibility, and we are grateful for the support of our families in helping us reduce the risk of accidental exposure to allergens.

If your child has a diagnosed allergy, please ensure that the school office has the most up-to-date medical information and that any prescribed medication is provided, in date, and available in accordance with their Individual Healthcare Plan.

Thank you for your understanding, cooperation and continued support in helping us maintain a safe, inclusive and caring environment for all members of our school community.

Yours faithfully,



Miss Waterhouse
Headteacher



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